Monthly Digest

Find information and resources that support your efforts in promoting brain health and supporting people living with Alzheimer's disease and related dementias, their caregivers, and families in Los Angeles County.

News and Updates

- New Data Brief! <u>Connections Between Social</u>
 <u>Determinants of Health, Brain Health, and Dementia in Los Angeles County, 2023</u>. This brief explores the relationship between social determinants of health (SDOH) domains, brain health, and dementia, providing key statistics related to SDOH in Los Angeles County.
- New Data Brief! <u>Caregiver Health in Los Angeles County</u>, <u>2023</u>. This brief compares health indicators for caregivers of adults with dementia and cognitive impairment and non-caregivers.
- New County Heat Maps! Los Angeles County Data on <u>Risk Factors for Cognitive Decline.</u> Download 6 heat maps highlighting the prevalence of six risk factors associated with cognitive decline and dementia in Los Angeles County (by census tract): diabetes, hypertension, obesity, physical Inactivity, poor sleep, and smoking.



Upcoming Events

Jan. 30 - Dementia Care Aware Webinar:

12 PM PST Dementia Prevention and Care For Latinos in San Francisco. Register Now.

Jan. 31 - PHCOE-EDD: Statewide Dementia
 9 AM PST Screening Linked to Diagnostic and Social Services: Implementation
 Strategies and Lessons Learned.
 Register Now.

Feb. 6 - **NADCR Webinar:** Finding the Way in Dementia Care: Use of Care Navigators for People Living with Dementia and their Caregivers. **Register Now.**

Feb. 12 - **PHCOE-EDD:** Implementing Dementia

12 PM PST Services System-wide: Becoming a

Prepared Leader. **Register Now.**

Mar. 9 - USC/Rancho Conference: Many Faces of Dementia Conference 2024.

Register Now.

Funding Opportunities

GUIDE MODEL: GUIDING AN IMPROVED DEMENTIA EXPERIENCE

Deadline: Jan. 30, 2024

CMS is accepting applications for the GUIDE Model, a new voluntary nationwide model test that aims to support people living with dementia and their unpaid caregivers. The model will launch on July 1, 2024, and will run for eight years.

ALZHEIMER'S ASSOCIATION: SUMMER REASEARCH INSTITUTE

Deadline: March 11, 2024

The Alzheimer's Association is hosting an immersive no-cost opportunity for early career researchers in psychosocial care and public health to launch a career in dementia science. This five-day program (Aug. 10-23, 2024) will be offered to 24 applicants.

In the Spotlight - Los Angeles Healthy Aging Dashboard Launch

The LAACHA Outcomes & Evaluation Committee launched the <u>Los Angeles Healthy Aging Dashboard</u> on December 13th in partnership with the Los Angeles Aging and Disability Department and the USC Family Caregiver Resource Center. The Dashboard is a web-based data management tool that visually tracks, analyzes, and displays the prevalence of specific health indicators and disparities in those health indicators as well as monitor the health and well-being of older adults in Los Angeles County. <u>Watch a recording</u> of the December LAACHA Quarterly Membership Meeting to hear Dr. Reginald Tucker-Seeley, former chair of the LAACHA Outcomes & Evaluation Committee and developer of the Dashboard, provide a comprehensive overview on the development and use of this powerful tool.



Share your organization's impactful efforts in supporting people living with Alzheimer's disease and related dementias, and their families. Send success stories, achievements, or highlight ongoing initiatives to Mariana Reyes (healthybrainla@ph.lacounty.gov) to be featured in a spotlight.

Featured Resources



LEARNING MODULE

University of Colorado eLearning module: Designed for primary care teams to increase their knowledge and skills related to ADRD. Registration Code: ADRD (not case sensitive). Free AAFP CME credits.



LEARNING MODULE

Dementia Care Aware's self-paced online training: Learn more about the dementia screening tool, the cognitive health assessment, and how to implement it in your practice. Free CE and CME/MOC credits.



TOOLKIT

<u>Download an Early Detection Toolkit on strategies and resources to support health systems in dementia detection efforts.</u>



COMMUNITY RESOURCE

<u>Download New Dementia Bingo Resource for American Indian and Alaska Native Communities.</u>



COMMUNITY RESOURCE

Download A Guide on Advanced Care Planning Resources: For People Living with Dementia and Their Care Partners.



IN CASE YOU MISSED IT

Watch the 2023 National Dementia Care Collaborative (NDCC) Autumn Summit.



Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to Mariana Reyes (healthybrainla@ph.lacounty.gov).



